

Name: _____

Date: _____

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“Extreme Drinking”

1. How does the author support the idea that simply dividing students into just two categories, binge-drinkers and non-binge drinkers, oversimplifies the issue of problem drinking among college students?

2. The author believes that shifting attention from students who drink at or near the binge threshold to those who drink at levels well above the threshold will not solve the problem of binge-drinking on college campuses.

TRUE FALSE

“Light-to-Moderate Prenatal Alcohol Exposure Can Lead to Cognitive Deficits 10 Years Later”

3. Researchers test IQ to measure the impact of prenatal alcohol exposure because it is a measure of the child’s:
- a. Ability to learn and survive in environment
 - b. Intelligence
 - c. Potential for alcohol dependency later in life
 - d. None of the above

4. In addition to the potential effect to child’s IQ, exposure to prenatal alcohol can also effect several areas of cognitive functioning, including:

5. This study found that the effects of prenatal alcohol exposure during the second trimester of pregnancy had the largest impact on the child’s IQ.

TRUE FALSE

“Stress, Alcoholics, and Post-Traumatic Stress Disorder (PTSD)”

6. This study found that alcoholics without PTSD are more likely to relapse following treatment.

TRUE FALSE

7. The authors state that individuals with PTSD use alcohol in an attempt to treat symptoms associated with PTSD, including:
- a. Nightmares
 - b. Sleeplessness
 - c. Unwanted memories of event
 - d. All of the above

8. Using alcohol as a means to cope with PTSD can lead to what unwanted results for an individual in addition to a dependency on alcohol?

“Women Who Drink Alcohol during Pregnancy”

9. According to the article, why is it important to support information campaigns that target alcohol consumption among women of child-bearing age?

10. According to the article, women who drank lightly or moderately before they knew they were pregnant, but immediately cut down or quit drinking altogether need not be over-concerned about the risk of FAS.

TRUE FALSE